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Education Information

Expertise In Medicine, Cukurova University, Tıp Fakültesi, Fiziksel Tıp Ve Rahabilitasyon, Turkey 2003 - 2009

Foreign Languages

English, C1 Advanced

Dissertations

Expertise In Medicine, DİZ OSTEOARTRİTİNİN KALÇA VE PELVİK ANATOMİDEKİ VARYASYONLARLA İLİŞKİSİ, Cukurova University, Dahili Tıp Bilimleri, Fiziksel Tıp Ve Rahabilitasyon, 2008

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Physical Medicine and Rehabilitation

Academic Titles / Tasks

Associate Professor, Cukurova University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2019 - Continues

Assistant Professor, Cukurova University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2018 - 2019

Assistant Professor, Cukurova University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2012 - 2018

Research Assistant, Cukurova University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2003 - 2009

Published journal articles indexed by SCI, SSCI, and AHCI

- Unveiling the Elevated Risk of Osteoporosis and Fractures in Idiopathic Inflammatory Myopathies: Emphasizing Awareness of Modifiable Risk Factors**
COŞKUN BENLİDAYI İ., Alexanderson H., Gupta L.
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- II. **Exercise for improving bone health in patients with AIRDs: Understanding underlying biology and physiology**
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International Journal of Rheumatic Diseases, vol.27, no.11, 2024 (SCI-Expanded)
- III. **Not an arthritis, but a fibrotic band of the quadriceps muscle: A case report of unilateral restricted knee flexion in an adolescent.**
Sariyildiz A., Coskun Benlidayi İ., Piskin F. C., Kundakci B., Ornek C., Andirin M.
International journal of rheumatic diseases, vol.27, no.3, 2024 (SCI-Expanded)
- IV. **Franz Liszt's hand osteoarthritis**
COŞKUN BENLİDAYI İ.
Rheumatology International, vol.44, no.3, pp.575-576, 2024 (SCI-Expanded)
- V. **Evaluation of inflammatory biomarkers and the ratio of hemoglobin-red cell distribution width in patients with rheumatoid arthritis treated with tumor necrosis factor-alpha inhibitors**
Yetişir A., SARIYILDIZ A., TÜRK İ., COŞKUN BENLİDAYI İ.
Clinical Rheumatology, 2024 (SCI-Expanded)
- VI. **Central sensitization significantly deteriorates functionality and the interpretation of self-reported disease activity in primary Sjögren's syndrome**
SARIYILDIZ A., COŞKUN BENLİDAYI İ., Yetişir A., TÜRK İ., Zengin Acemoglu S. S., Deniz V.
Clinical Rheumatology, 2024 (SCI-Expanded)
- VII. **Central sensitization: its prevalence and impact on quality of life among hemodialyzed patients**
SARIYILDIZ A., COŞKUN BENLİDAYI İ., KAYA B., Chalabiyev N., SEYREK N., KARAYAYLALI İ.
Irish Journal of Medical Science, 2024 (SCI-Expanded)
- VIII. **The effect of balance exercises on central sensitization in patients with knee osteoarthritis**
Tirasci E., SARPEL T., COŞKUN BENLİDAYI İ., Deniz V.
Rheumatology International, 2024 (SCI-Expanded)
- IX. **WHAT AWAITS US AFTER COVID-19? MUSCULOSKELETAL SYSTEM INVOLVEMENT IN THE ELDERLY POPULATION IN TÜRKİYE AND ITS AFTERMATH**
Gokce-Kutsal Y., Ordu-Gökkaya N. K., KARAHAN S., Irdesel F. J., Paker N., Ay S., Binay-Safer V., Keskin D., COŞKUN BENLİDAYI İ., Sari A., et al.
Turk Geriatri Dergisi, vol.27, no.1, pp.88-97, 2024 (SCI-Expanded)
- X. **Exercise therapy for improving cardiovascular health in rheumatoid arthritis**
COŞKUN BENLİDAYI İ.
Rheumatology International, vol.44, no.1, pp.9-23, 2024 (SCI-Expanded)
- XI. **Uncovering the alterations in extrinsic foot muscle mechanical properties and foot posture in fibromyalgia: a case-control study**
Ornek C., COŞKUN BENLİDAYI İ., SARIYILDIZ A.
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- XII. **The relation of psychological status and type D personality with central sensitization in knee osteoarthritis: everything is in your mind!**
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- XIII. **The effect of lumbosacral transitional vertebra on lumbar spine degeneration and spondylolisthesis among patients with low back pain.**
Coskun Benlidayi İ., Tirasci E.
Pain practice : the official journal of World Institute of Pain, 2023 (SCI-Expanded)
- XIV. **Why is polymyalgia rheumatica a disease of older adults? Explanations through etiology and pathogenesis: a narrative review.**
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- XV. **Are non-steroidal anti-inflammatory drugs safe and effective in patients with acute gout? A Cochrane review summary with commentary**

- Coşkun Benlidayı İ.
INTERNATIONAL JOURNAL OF RHEUMATIC DISEASES, vol.26, no.6, pp.1178-1182, 2023 (SCI-Expanded)
- XVI. **Coexistence of symptomatic cyamella and multiple fabellae: A case report**
BAŞARAN S., BENLİDAYI İ.
Archives of Rheumatology, vol.38, no.1, pp.156-158, 2023 (SCI-Expanded)
- XVII. **Biopsychosocial factors should be considered when evaluating central sensitization in axial spondyloarthritis**
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- XVIII. **How beneficial and safe is tocilizumab for patients with giant cell arteritis? A Cochrane Review summary with commentary**
COŞKUN BENLİDAYI İ.
INTERNATIONAL JOURNAL OF RHEUMATIC DISEASES, vol.25, no.8, pp.945-949, 2022 (SCI-Expanded)
- XIX. **Type D personality and self-esteem in patients with fibromyalgia: a cross-sectional case-control study**
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- XX. **What are the effects of vasodilators in patients with primary Raynaud's phenomenon? A Cochrane review summary with commentary.**
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International journal of rheumatic diseases, vol.25, no.2, pp.232-235, 2022 (SCI-Expanded)
- XXI. **A multi-center, double-blind, randomized parallel-group Phase IV study comparing the efficacy and safety of thiocolchicoside ointment versus placebo in patients with chronic mechanical low back pain and an acute muscle spasm**
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TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.68, pp.456-463, 2022 (SCI-Expanded)
- XXII. **Prevalence, etiology, and biopsychosocial risk factors of cervicogenic dizziness in patients with neck pain: A multi-center, cross-sectional study.**
Vural M., Karan A., Albayrak Gezer İ., Çalışkan A., Atar S., Yıldız Aydın F., Coşkun Benlidayı İ., Gökşen A., Koldaş Doğan Ş., Karacan G., et al.
Turkish journal of physical medicine and rehabilitation, vol.67, no.4, pp.399-408, 2021 (SCI-Expanded)
- XXIII. **Static foot posture and its relation to clinical variables in ankylosing spondylitis.**
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- XXIV. **The pathophysiological effects of exercise in the management of idiopathic inflammatory myopathies: A scoping review.**
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International journal of rheumatic diseases, vol.24, pp.896-903, 2021 (SCI-Expanded)
- XXV. **Response to: Comment on "The evaluation of nailfold capillaroscopy pattern in patients with fibromyalgia".**
Coşkun Benlidayı İ., Kayacan Erdoğan E., Sariyıldız A.
Archives of rheumatology, vol.36, no.4, pp.628-629, 2021 (SCI-Expanded)
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- XXIX. **The Osteocyte as a Director of Bone Metabolism.**
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- XXX. **The evaluation of nailfold capillaroscopy pattern in patients with fibromyalgia.**
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- XXXII. **How effective and safe are the interventions reducing inflammation in familial Mediterranean fever? A Cochrane Review summary with commentary**
COŞKUN BENLİDAYI İ.
INTERNATIONAL JOURNAL OF RHEUMATIC DISEASES, vol.23, no.11, pp.1599-1601, 2020 (SCI-Expanded)
- XXXIII. **Coronavirus disease 2019 (COVID-19) in a patient with ankylosing spondylitis treated with secukinumab: a case-based review.**
Coskun B., Kurtaran B., Tirasci E., Guzel R.
Rheumatology international, vol.40, pp.1707-1716, 2020 (SCI-Expanded)
- XXXIV. **The effectiveness and safety of electrotherapy in the management of fibromyalgia**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.40, no.10, pp.1571-1580, 2020 (SCI-Expanded)
- XXXV. **Osteosarcopenia among postmenopausal women and handgrip strength as a practical method for predicting the risk**
Hamad B., BAŞARAN S., COŞKUN BENLİDAYI İ.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, vol.32, no.10, pp.1923-1930, 2020 (SCI-Expanded)
- XXXVI. **Effects of Kinesio Taping on pain, paresthesia, functional status, and overall health status in patients with symptomatic thoracic outlet syndrome: A single-blind, randomized, placebo-controlled study**
ORTAÇ E. A., SARPEL T., Benlidayi I. C.
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- XXXVII. **Fibromyalgia interferes with disease activity and biological therapy response in inflammatory rheumatic diseases**
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RHEUMATOLOGY INTERNATIONAL, vol.40, no.6, pp.849-858, 2020 (SCI-Expanded)
- XXXVIII. **Is vitamin D a panacea?**
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- XXXIX. **The relationship between neck pain and cervical alignment in patients with temporomandibular disorders.**
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- XL. **Residual Deficits of Knee Flexors and Plantar Flexors Predict Normalized Walking Performance in Patients with Poststroke Hemiplegia**
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- XLI. **Visibility of scientific work**
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RHEUMATOLOGY INTERNATIONAL, vol.40, no.2, pp.345-346, 2020 (SCI-Expanded)
- XLII. **Effectiveness of kinesio taping on postoperative morbidity after impacted mandibular third molar**

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- XLIII. **What are the potential benefits and harms of exercise programs for patients with ankylosing spondylitis? A Cochrane review summary with commentary**
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- XLIV. **Diet in osteoarthritis.**
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- XLV. **Implement statistics at each step of your research**
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- XLVI. **Polypharmacy in geriatric rheumatology**
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- XLVII. **They have got the blues: patient's mood- and disease activity-related psychological burden of rheumatoid arthritis on caregivers.**
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International journal of psychiatry in clinical practice, vol.23, pp.84-89, 2019 (SCI-Expanded)
- XLVIII. **Let us take care of the patient!**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.39, no.5, pp.943-944, 2019 (SCI-Expanded)
- XLIX. **Role of inflammation in the pathogenesis and treatment of fibromyalgia**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.39, no.5, pp.781-791, 2019 (SCI-Expanded)
- L. **Neither got a good bill of musculoskeletal health: a comparative study among medical and dental students.**
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Acta clinica Belgica, vol.74, no.2, pp.110-114, 2019 (SCI-Expanded)
- LI. **An overlooked rheumatologic manifestation of diabetes: diabetic cheiroarthropathy**
GÖKÇEN N., ÇETİNKAYA ALTUNTAŞ S., COŞKUN BENLİDAYI İ., SERT M., NAZLICAN E., SARPEL T.
CLINICAL RHEUMATOLOGY, vol.38, no.3, pp.927-932, 2019 (SCI-Expanded)
- LII. **Reliability of real-world data**
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- LIII. **Think twice before submitting your precious articles for publication!**
Coskun B.
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- LIV. **We are a team!**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.39, no.2, pp.399-400, 2019 (SCI-Expanded)
- LV. **The secrets of keeping fit: exercising and healthy eating**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.39, no.2, pp.401-402, 2019 (SCI-Expanded)
- LVI. **Is pain measurable?**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.39, no.1, pp.167, 2019 (SCI-Expanded)
- LVII. **Functionality of patients with post-stroke hemiplegia: Does serum folate level matter?**
COŞKUN BENLİDAYI İ., BAŞARAN S.
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- LVIII. Fibromyalgia as a challenge for patients and physicians**
COŞKUN BENLİDAYI İ.
RHEUMATOLOGY INTERNATIONAL, vol.38, no.12, pp.2345, 2018 (SCI-Expanded)
- LIX. Sleep impairment: an obstacle to achieve optimal quality of life in rheumatoid arthritis**
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- LXII. Comparative short-term effectiveness of ibuprofen gel and cream phonophoresis in patients with knee osteoarthritis.**
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- LXIII. Posture of the foot: Don't keep it out of sight, out of mind in knee osteoarthritis**
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- LXIV. ASSOCIATION BETWEEN VITAMIN D LEVEL AND TOTAL COMORBIDITY STATUS IN GERIATRIC PATIENTS**
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- LXV. Which Predicts Quadriceps Muscle Strength in Knee Osteoarthritis: Biological Markers or Clinical Variables?**
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- LXVII. Actual use and satisfaction of lower extremity orthoses in neurological disorders**
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- LXVIII. Lumbosacral morphology in lumbar disc herniation: a "chicken and egg" issue**
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- LXIX. Is there any link between joint hypermobility and mitral valve prolapse in patients with fibromyalgia syndrome?**
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- LXX. Bilateral facial paralysis in a patient with B-cell low grade lymphoma and its rehabilitation**
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- LXXI. Vitamin D profile of patients with spinal cord injury and post-stroke hemiplegia: All in the same boat**
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- LXXII. Kinesio Taping for temporomandibular disorders: Single-blind, randomized, controlled trial of effectiveness**

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- LXXIII. **Does Lumbosacral Transitional Vertebra Have Any Influence on Sacral Tilt?**
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- LXXIV. **Comparative study of lumbosacral alignment in elderly versus young adults: data on patients with low back pain**
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- LXXV. **Prevalence and risk factors of low bone mineral density in patients with multiple sclerosis**
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- LXXVIII. **Early rehabilitation of a child with intensive care unit acquired weakness secondary to membranoproliferative glomerulonephritis: A case report**
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- LXXX. **An uncommon disorder with multiple skeletal anomalies: Gorlin-Goltz syndrome**
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- LXXXI. **Management of a Case of Human Bite Complicated by Myonecrosis and Compartment Syndrome**
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- LXXXII. **A case of mixed connective tissue disease associated with Graves' disease**
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- LXXXIII. **Vitamin D status: effects on quality of life in osteoporosis among Turkish women.**
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- LXXXIV. **A rare genetic disorder in the differential diagnosis of the entrapment neuropathies: Hereditary neuropathy with liability to pressure palsies**
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- LXXXV. **Evaluation of quality of life and its determinents in postmenopausal and senile osteoporotic women**
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BAŞARAN S., GÜZEL R., COŞKUN BENLİDAYI İ., GÜLER UYSAL F.
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Activities in Scientific Journals

- SCIENTIFIC REPORTS, Editor, 2022 - Continues
- FRONTIERS IN IMMUNOLOGY, Editor, 2021 - Continues
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- ARCHIVES OF RHEUMATOLOGY, Assistant Editor/Section Editor, 2022 - 2023

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Non Academic Experience

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